



# TEN BAD LISTENING HABITS

Be a better listener, stop these bad habits

.....before you can say the words

1

## Interrupting

This listener does not allow a speaker to finish and will rarely ask a clarifying question. They often like to hear themselves speak.

2

## Sentence Finishing

This listener does not allow a speaker to finish a sentence. They are constantly, and annoyingly finishing them first

## Fake Listening



This listener is not concentrating on the speaker, their mind is elsewhere. Often nodding and muttering, "Uh huh"

4

## Rushing Through

This listener acts like the speaker and the discussion are both a waste of their time



5

## One Upsmanship

This listener acts like the this conversation is a competition. Often says, "That reminds me of..."



6

## Rebuttal

This listener acts like there is a debate and they must take the other side...even if they don't totally buy it!



7

## Multitasking

This listener is in a hurry with someplace to go!

Difficult to sit and listen



Doing many things

May not even see this as disrespectful

8

## Advice Giving

This listener acts like they were asked for advice



## Deja Vu

This listener forgot that they have already had this conversation

I feel like we have talked about this before

9

10

## Yes, but

This means that the listener has made up their mind and everything before but was a lie

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